



Safety Flash

Incident with Recordable Injury

Date of Incident: 07/05/17

Incident

An electrician was lifting a 24-foot cable tray to turn it over and place it on the forks of a fork truck to lift it into position. As the electrician was lifting the cable tray, he felt a pain in his right leg on the inside of his upper thigh causing a hernia to his groin area.

Possible Contributing Factors

- Position of his body for the lift.
- Improper lifting technique.
- Lifting the cable tray was not perceived as a risk, and the electrician who lifted it did not think to ask for help.

Possible Solutions

- Treat each material handling situation as unique and decide the best procedure to be used for each lift.
- If an object is too heavy or large to be moved with proper lifting techniques, get help.
- Ask for and give help more often and encourage others to do the same.

Action Plan

- Communicate this lesson learned companywide.
- Rigorously use and review STACs daily.
- Make sure everyone at GEM knows that it's easy to be injured during material handling, even if the task seems routine and low risk.

Keep improving

Your health and safety are the most important part of every project. We need *your* help to eliminate unsafe behaviors and conditions. If you see a safer and better way to do a task, see your supervisor, or contact GEM Safety: Tim Clark – 419 /720-2699; Bill Cornett – 419 /720-2728. To get personal protection equipment from the warehouse, call 419/720-2688.